

Massage, hydrotherapy, electro-magnetic pulses... there are interesting options for

Today's Equine Therapies

Equine Physiotherapy and Intervention Equine Services

(310) 995-9339 • gallopout@gmail.com

Like human athletes, horses also suffer musculoskeletal injuries such as back pain, muscle strain, soft tissue injuries and require sports performance management, as well as post-operative rehabilitation.

Horses may show their discomfort in a variety of ways such as in a change in behavior, movement or gait adaption, development of resistance, reduced performance and behavioral problems.

What used to be easy may become more difficult.

Equine Physiotherapy (PT) is beneficial when there is a change in, loss, or lack of performance; to minimize side effects directly or indirectly caused by sport or an existing medical condition; during a period of immobilization or enforced stall rest due to an injury or disease state; when motor control becomes altered; to enhance performance; to prevent future injuries; and before and immediately after surgery or medical intervention. Conditions or injuries that may benefit from the use of PT are muscular disorders, soft tissue injuries, back pain, some peripheral neuropathies, traumatic injuries, and a change in, loss or lack of performance.

As a specialist in veterinary physiotherapy and veterinary industry professional, Christina Gindt has an in-depth understanding and education to provide complete physiotherapy care and consultation with veterinarians, to provide the most comprehensive and safe, appropriate application of techniques and modalities; also providing instruction to the horse owner to assist each horse's rehabilitation or sport performance. Christina is also a dealer for and provides sales, service and instruction for Game Ready Cold Therapy systems, Equipulse, Equine Magnetic boots and pads, BEST SPOT therapeutic pads and QLaser systems.

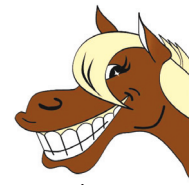


Equine Massage by Sue

Coto De Caza, CA

(949) 290-1420 • www.keahorses.com

Sue Kellogg-Graf loves to massage horses. They also love to be massaged. Sue has been involved with horses since she was eight years old, and has been a trainer for 24 years. Every horse, in whatever capacity, could use a massage, but all for different reasons, she says. Some are just tired and muscle-sore from working hard and giving it their all, every day. Some were born with conformation that is not as ideal as we'd like it, so their body parts don't move as efficiently as they should. Some paddle, some wing, some pull, some push. Just as every human has a physical problem, so do our horses. Sue helps revive those tired and sore muscles, and she tracks the health and feel of them.



Massage is another way to help horses stay happy and content. It allows the muscles to be worked on so that they can stay more hydrated,

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increasing blood flow and circulation. Regular massage can also help keep track of asymmetrical muscles and fibers in your horse's body. Often a major injury is the result of a minor injury not being detected. Sometimes that minor injury starts off as a strained muscle or as a compensation for one muscle that is tense or weak. Regular massage will track changes in muscle tone, density, and feel.

EquiPulse

(775) 375-5411 • www.EquiPulse.net

The use of magnets has been a part of the therapeutical approach to treatment of injuries and other maladies, on humans, since the 18th century. Now, the EquiPulse, delivering a high powered pulsed electro-magnetic field "PEMF" into the affected body part, has become the de-facto "Go To" therapeutic modality for horses and riders throughout every equine sport in the United States, Europe and the Middle East.

High Powered PEMF Therapy: 1. stimulates the regeneration of damaged and diseased tissue, including torn tendons and fractured bones; 2. improves circulation by opening and dilating the arteries and capillaries. This also reduces edema (swelling); 3. increases the cellular level of oxygen absorption. Studies have shown that oxygen partial pressure can be increased by 200 percent. This reduces pain associated with lack of sufficient oxygen; and 4. is particularly effective in relieving intense muscle soreness because of its deep penetration.

Thus, with easy to administer protocols, short treatment cycles and no expendables, veterinarians, trainers, clinics and stable owners are quickly adopting this non-invasive, drug-free and affordable alternative. The EquiPulse system only needs to be used for 10-20 minutes, per anatomical location, each day. For more information or to find a treatment provider, call EquiPulse or visit its website today.



Equissage California

Valley Center, CA

(760) 473-9893 • www.EquissageCalifornia.com

Since 1992, the Equissage Certificate Program in Equine Sports Massage Therapy has graduated more than 10,000 Equine Sports Massage Therapists, from every state and 19 different countries around the world. Many graduates work for the very top echelon of owners and trainers—both in the racing world as well as on the show circuit.

Some have been selected to work with the U.S.

Equestrian team at the Olympics, while others have worked on winners of Triple Crown Races.



EQUISSAGE
California

Sabrina Kohoutek, a top graduate, was chosen to bring Equissage from the East Coast to the West Coast using the same curriculum, coursework and certification program; hence, Equissage California was formed. The Equissage California training facility is located in Valley Center, a beautiful horse community nestled in the hills of North San Diego County. The Equissage facility includes a spacious classroom, cozy barn, arena, pastures, and plenty of great weather, ocean breezes, and working horses.

The major emphasis in the ESMT Certification Program is on the safe application of massage techniques and massage strokes. Equissage is approved by the National Certification Board for Therapeutic Massage and Bodywork (NCBTMB) as a continuing education Approved Provider. Both the equine and canine programs provide 50 hours of continuing education.

G Spur Equine Hydrotherapy Center

Riverside, CA

(310) 422-0815 • www.GspurEquineHydrotherapyCenter.com

At G Spur Equine Hydrotherapy Center, swimming the horses is the ultimate in training and therapy with absolutely no impact. This type of core strength training brings out the best in the “Now Fit” well-conditioned horse. The resistance naturally created by the water provides an aerobic workout to improve their respiratory and circulatory systems. The additional cardiovascular exertion from the hydrodynamic pressure placed on the ribcage and lungs, strengthens the heart and lungs as they work harder to deliver enough oxygen to the muscles.



There is no concussive pounding on the limbs and joints that occurs with land based forms of training and rehabilitation; enhancing the horse's attitude and behavior patterns. The optimum conditioning provided by swimming coupled with the increased extension, flexibility, and muscle mass may be just what you need to gain that competitive edge.

Swimming is therapeutic and aids tremendously in the healing process by increasing blood flow throughout the body. G Spur can work with your vet to tailor the recovery process most beneficial to your horse.

Performance Plus Equine Therapy

Serving All of Southern California

(817) 694-5133

Working with some of the finest veterinarians and trainers in Texas the past several years, Kelly Estes had the fortunate opportunity to become well trained in several different equine sports therapy modalities. Her preference, by far, is the Pulsed Electromagnetic Field Therapy (PEMF). This non-invasive treatment can alleviate soreness and/or stiffness throughout the whole body of the horse. As an adjunctive therapy, PEMF is ideal for preventive maintenance as well. “Treat before there's Heat” is what she recommends to her clients. Waiting until your horse is showing the obvious signs of being sore, most generally means a costly trip to the vet and time off from training and/or showing. PEMF therapy can be added to normal maintenance programs and can save both time and money. Performance Plus Equine Therapy allows everyone the opportunity to better their horse's physical soundness and performance. Not everyone can afford a PEMF machine but with Performance Plus Equine Therapy, you can reap the benefits of PEMF therapy. This mobile service offers a wide range of packages, multi-horse and pre-paid discounts. Kelly works in conjunction with several vets throughout Texas, New Mexico and Southern California, and offers discounted rates to their clientele. Call for more information or visit us on Facebook.

